

Use “The Scene” to introduce “Trusting God When I Feel Anxious” the High School Sunday school lesson for May 6, 2018. The lesson is found on page 63 of *High School Teacher* by Standard Publishing.

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This week we found out nuclear war with North Korea might not be such a worry. But nuclear development by Iran might yet be a problem.

This week you might be worried about being arrested for sitting too long in Starbucks, especially if you're a person of color. But you might also feel encouraged by the fact that the box office success of *Black Panther* continues to break records, currently counted as the tenth-biggest “tickets sold” movie in 25 years.

If you're in Hawaii, you might be glad to be on vacation in a place considered paradise by many. Or you might be worried about having to evacuate and flee from volcanic eruptions.

Let's face it. There's always something to worry about, no matter where you are or who you are. But there's always something to be thankful for too!

As students arrive, give each of them a copy of the article. Then discuss in this way:

What story in the news lately has made you feel a little worried? Why?

When you feel really worried about something, what do you do?

Think of one person who you can count on to help you when you are anxious. How do they help you?

Sometimes we worry about things that later on seem silly or unimportant. From the words of Jesus, we have three questions to ask ourselves when we start to worry. The answers to those questions hold the key to a free and focused life. Let's look at these questions today.